

JANUARY 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 M | 00 09 | 2.5 | 13 04 | 2.1 | 06 48 | 0.7 | 18 21 | 1.2 |
| 2 TU | 00 48 | 2.5 | 13 44 | 2.1 | 07 27 | 0.8 | 18 59 | 1.2 |
| 3 W | 01 30 | 2.4 | 14 31 | 2.0 | 08 08 | 0.9 | 19 44 | 1.3 |
| 4 TH ☾ | 02 16 | 2.3 | 15 42 | 2.0 | 08 56 | 0.9 | 20 34 | 1.4 |
| 5 F | 03 08 | 2.3 | 16 51 | 2.1 | 09 56 | 1.0 | 21 36 | 1.4 |
| 6 SA | 04 14 | 2.2 | 17 44 | 2.1 | 11 03 | 1.0 | 23 04 | 1.4 |
| 7 SU | 05 25 | 2.2 | 18 31 | 2.2 | 11 59 | 1.0 | | |
| 8 M | 06 24 | 2.2 | 19 16 | 2.3 | 00 17 | 1.3 | 12 48 | 0.9 |
| 9 TU | 07 19 | 2.3 | 19 59 | 2.3 | 01 13 | 1.1 | 13 35 | 0.9 |
| 10 W | 08 13 | 2.3 | 20 40 | 2.4 | 02 04 | 1.0 | 14 22 | 0.9 |
| 11 TH ● | 09 07 | 2.4 | 21 22 | 2.5 | 02 56 | 0.8 | 15 10 | 0.8 |
| 12 F | 09 58 | 2.5 | 22 06 | 2.5 | 03 48 | 0.6 | 15 58 | 0.8 |
| 13 SA | 10 47 | 2.5 | 22 50 | 2.6 | 04 39 | 0.5 | 16 44 | 0.8 |
| 14 SU | 11 35 | 2.5 | 23 34 | 2.7 | 05 29 | 0.4 | 17 29 | 0.8 |
| 15 M | | | 12 22 | 2.4 | 06 17 | 0.4 | 18 12 | 0.9 |
| 16 TU | 00 17 | 2.7 | 13 10 | 2.3 | 07 04 | 0.4 | 18 55 | 1.0 |
| 17 W | 01 03 | 2.7 | 14 04 | 2.2 | 07 53 | 0.5 | 19 39 | 1.1 |
| 18 TH ☽ | 01 51 | 2.6 | 15 19 | 2.1 | 08 46 | 0.6 | 20 29 | 1.2 |
| 19 F | 02 46 | 2.5 | 16 34 | 2.1 | 09 47 | 0.7 | 21 33 | 1.2 |
| 20 SA | 04 00 | 2.4 | 17 33 | 2.1 | 10 55 | 0.9 | 23 03 | 1.2 |
| 21 SU | 05 22 | 2.3 | 18 28 | 2.2 | | | 12 01 | 1.0 |
| 22 M | 06 36 | 2.3 | 19 23 | 2.2 | 00 23 | 1.1 | 13 02 | 1.0 |
| 23 TU | 07 52 | 2.3 | 20 11 | 2.3 | 01 33 | 1.0 | 13 59 | 1.0 |
| 24 W | 08 51 | 2.3 | 20 52 | 2.4 | 02 32 | 0.8 | 14 47 | 1.0 |
| 25 TH ○ | 09 36 | 2.3 | 21 30 | 2.5 | 03 20 | 0.7 | 15 27 | 1.0 |
| 26 F | 10 16 | 2.3 | 22 05 | 2.5 | 04 01 | 0.6 | 16 02 | 1.0 |
| 27 SA | 10 52 | 2.3 | 22 39 | 2.5 | 04 39 | 0.6 | 16 32 | 1.0 |
| 28 SU | 11 24 | 2.3 | 23 12 | 2.5 | 05 14 | 0.6 | 16 58 | 1.0 |
| 29 M | 11 54 | 2.2 | 23 45 | 2.5 | 05 47 | 0.6 | 17 25 | 1.0 |
| 30 TU | | | 12 23 | 2.2 | 06 18 | 0.6 | 17 55 | 1.0 |
| 31 W | 00 20 | 2.5 | 12 55 | 2.1 | 06 49 | 0.7 | 18 31 | 1.0 |

Time Zone UT(GMT)

FEBRUARY 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 TH | 00 57 | 2.4 | 13 31 | 2.1 | 07 22 | 0.8 | 19 10 | 1.1 |
| 2 F ☾ | 01 36 | 2.4 | 14 14 | 2.1 | 08 00 | 0.9 | 19 55 | 1.2 |
| 3 SA | 02 22 | 2.3 | 15 11 | 2.0 | 08 46 | 1.0 | 20 49 | 1.3 |
| 4 SU | 03 20 | 2.2 | 16 40 | 2.0 | 09 49 | 1.1 | 22 03 | 1.3 |
| 5 M | 04 44 | 2.1 | 17 46 | 2.1 | 11 15 | 1.1 | 23 44 | 1.2 |
| 6 TU | 06 01 | 2.2 | 18 41 | 2.2 | | | 12 21 | 1.1 |
| 7 W | 07 08 | 2.2 | 19 33 | 2.2 | 00 50 | 1.1 | 13 16 | 1.0 |
| 8 TH | 08 10 | 2.3 | 20 20 | 2.3 | 01 48 | 0.9 | 14 08 | 0.9 |
| 9 F ● | 09 04 | 2.4 | 21 05 | 2.5 | 02 45 | 0.7 | 14 59 | 0.8 |
| 10 SA | 09 50 | 2.5 | 21 48 | 2.6 | 03 38 | 0.5 | 15 48 | 0.8 |
| 11 SU | 10 34 | 2.5 | 22 31 | 2.7 | 04 28 | 0.3 | 16 32 | 0.7 |
| 12 M | 11 16 | 2.5 | 23 14 | 2.8 | 05 14 | 0.2 | 17 14 | 0.7 |
| 13 TU | 11 59 | 2.4 | 23 57 | 2.8 | 05 57 | 0.2 | 17 53 | 0.7 |
| 14 W | | | 12 42 | 2.3 | 06 40 | 0.3 | 18 32 | 0.8 |
| 15 TH | 00 40 | 2.7 | 13 26 | 2.2 | 07 23 | 0.4 | 19 14 | 0.9 |
| 16 F ☽ | 01 27 | 2.6 | 14 20 | 2.1 | 08 09 | 0.6 | 20 02 | 1.0 |
| 17 SA | 02 24 | 2.4 | 15 38 | 2.0 | 09 04 | 0.9 | 21 03 | 1.1 |
| 18 SU | 03 51 | 2.3 | 16 52 | 2.1 | 10 24 | 1.1 | 22 46 | 1.1 |
| 19 M | 05 22 | 2.2 | 17 57 | 2.1 | 11 47 | 1.2 | | |
| 20 TU | 06 54 | 2.2 | 19 04 | 2.2 | 00 17 | 1.0 | 12 59 | 1.2 |
| 21 W | 08 04 | 2.2 | 19 57 | 2.2 | 01 29 | 0.9 | 13 58 | 1.2 |
| 22 TH | 08 49 | 2.3 | 20 37 | 2.3 | 02 23 | 0.7 | 14 41 | 1.1 |
| 23 F | 09 25 | 2.3 | 21 12 | 2.4 | 03 06 | 0.6 | 15 16 | 1.0 |
| 24 SA ○ | 09 57 | 2.3 | 21 43 | 2.5 | 03 43 | 0.6 | 15 46 | 1.0 |
| 25 SU | 10 27 | 2.3 | 22 14 | 2.5 | 04 16 | 0.5 | 16 12 | 0.9 |
| 26 M | 10 53 | 2.3 | 22 46 | 2.5 | 04 47 | 0.5 | 16 37 | 0.8 |
| 27 TU | 11 20 | 2.3 | 23 19 | 2.5 | 05 16 | 0.5 | 17 03 | 0.8 |
| 28 W | 11 48 | 2.2 | 23 53 | 2.5 | 05 44 | 0.6 | 17 32 | 0.8 |
| 29 TH | | | 12 19 | 2.2 | 06 12 | 0.7 | 18 04 | 0.9 |

Time Zone UT(GMT)

MARCH 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|----------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 F | 00 26 | 2.4 | 12 52 | 2.2 | 06 42 | 0.7 | 18 41 | 1.0 |
| 2 SA | 01 03 | 2.3 | 13 31 | 2.1 | 07 16 | 0.8 | 19 23 | 1.0 |
| 3 SU ☾ | 01 47 | 2.2 | 14 19 | 2.1 | 07 59 | 1.0 | 20 15 | 1.1 |
| 4 M | 02 44 | 2.1 | 15 25 | 2.0 | 08 55 | 1.1 | 21 25 | 1.2 |
| 5 TU | 04 14 | 2.1 | 16 55 | 2.0 | 10 30 | 1.2 | 23 20 | 1.1 |
| 6 W | 05 51 | 2.1 | 18 05 | 2.1 | | | 12 00 | 1.2 |
| 7 TH | 07 05 | 2.2 | 19 04 | 2.2 | 00 32 | 0.9 | 13 01 | 1.1 |
| 8 F | 08 04 | 2.3 | 19 55 | 2.3 | 01 32 | 0.7 | 13 55 | 1.0 |
| 9 SA | 08 51 | 2.4 | 20 41 | 2.5 | 02 29 | 0.5 | 14 45 | 0.8 |
| 10 SU ● | 09 32 | 2.5 | 21 25 | 2.7 | 03 21 | 0.3 | 15 31 | 0.7 |
| 11 M | 10 12 | 2.5 | 22 08 | 2.8 | 04 07 | 0.2 | 16 13 | 0.6 |
| 12 TU | 10 52 | 2.5 | 22 52 | 2.8 | 04 51 | 0.1 | 16 53 | 0.6 |
| 13 W | 11 32 | 2.4 | 23 35 | 2.8 | 05 31 | 0.2 | 17 31 | 0.6 |
| 14 TH | | | 12 12 | 2.3 | 06 11 | 0.3 | 18 11 | 0.7 |
| 15 F | 00 20 | 2.7 | 12 53 | 2.2 | 06 51 | 0.5 | 18 54 | 0.7 |
| 16 SA | 01 09 | 2.5 | 13 39 | 2.1 | 07 33 | 0.8 | 19 42 | 0.8 |
| 17 SU ☽ | 02 13 | 2.3 | 14 38 | 2.1 | 08 22 | 1.1 | 20 46 | 1.0 |
| 18 M | 03 53 | 2.2 | 16 02 | 2.0 | 09 47 | 1.3 | 22 38 | 1.0 |
| 19 TU | 05 22 | 2.1 | 17 16 | 2.1 | 11 34 | 1.3 | | |
| 20 W | 06 52 | 2.2 | 18 31 | 2.1 | 00 02 | 0.9 | 12 47 | 1.3 |
| 21 TH | 07 51 | 2.2 | 19 31 | 2.2 | 01 07 | 0.8 | 13 41 | 1.2 |
| 22 F | 08 31 | 2.3 | 20 11 | 2.3 | 01 58 | 0.7 | 14 20 | 1.1 |
| 23 SA | 09 03 | 2.3 | 20 43 | 2.3 | 02 38 | 0.6 | 14 52 | 1.0 |
| 24 SU | 09 31 | 2.3 | 21 14 | 2.4 | 03 13 | 0.6 | 15 19 | 0.9 |
| 25 M ○ | 09 56 | 2.3 | 21 45 | 2.5 | 03 44 | 0.5 | 15 45 | 0.8 |
| 26 TU | 10 20 | 2.3 | 22 18 | 2.5 | 04 14 | 0.5 | 16 11 | 0.8 |
| 27 W | 10 47 | 2.3 | 22 52 | 2.5 | 04 42 | 0.5 | 16 40 | 0.8 |
| 28 TH | 11 16 | 2.3 | 23 26 | 2.4 | 05 09 | 0.6 | 17 10 | 0.8 |
| 29 F | 11 48 | 2.3 | | | 05 38 | 0.7 | 17 43 | 0.8 |
| 30 SA | 00 00 | 2.4 | 12 21 | 2.2 | 06 08 | 0.8 | 18 19 | 0.9 |
| 31 SU | 00 38 | 2.3 | 13 00 | 2.2 | 06 43 | 0.9 | 19 00 | 0.9 |

Time Zone UT(GMT)

APRIL 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 M | 01 25 | 2.2 | 13 47 | 2.1 | 07 26 | 1.0 | 19 54 | 1.0 |
| 2 TU ☾ | 02 27 | 2.1 | 14 48 | 2.1 | 08 23 | 1.2 | 21 09 | 1.0 |
| 3 W | 04 09 | 2.1 | 16 06 | 2.0 | 09 52 | 1.3 | 23 02 | 0.9 |
| 4 TH | 05 45 | 2.2 | 17 26 | 2.1 | 11 38 | 1.2 | | |
| 5 F | 06 53 | 2.3 | 18 30 | 2.2 | 00 11 | 0.8 | 12 39 | 1.1 |
| 6 SA | 07 46 | 2.4 | 19 24 | 2.4 | 01 10 | 0.6 | 13 33 | 1.0 |
| 7 SU | 08 29 | 2.4 | 20 12 | 2.5 | 02 06 | 0.4 | 14 22 | 0.9 |
| 8 M ● | 09 08 | 2.5 | 20 59 | 2.7 | 02 56 | 0.3 | 15 07 | 0.7 |
| 9 TU | 09 47 | 2.5 | 21 44 | 2.7 | 03 41 | 0.2 | 15 49 | 0.6 |
| 10 W | 10 26 | 2.5 | 22 30 | 2.8 | 04 24 | 0.2 | 16 31 | 0.5 |
| 11 TH | 11 05 | 2.4 | 23 17 | 2.7 | 05 04 | 0.3 | 17 12 | 0.5 |
| 12 F | 11 45 | 2.4 | | | 05 42 | 0.5 | 17 53 | 0.6 |
| 13 SA | 00 05 | 2.5 | 12 25 | 2.3 | 06 21 | 0.7 | 18 39 | 0.6 |
| 14 SU | 01 00 | 2.4 | 13 09 | 2.2 | 07 01 | 1.0 | 19 29 | 0.7 |
| 15 M ☽ | 02 13 | 2.2 | 14 02 | 2.2 | 07 47 | 1.2 | 20 36 | 0.9 |
| 16 TU | 03 45 | 2.1 | 15 10 | 2.1 | 08 55 | 1.4 | 22 17 | 0.9 |
| 17 W | 05 04 | 2.1 | 16 26 | 2.1 | 11 04 | 1.4 | 23 30 | 0.8 |
| 18 TH | 06 22 | 2.2 | 17 36 | 2.1 | | | 12 12 | 1.4 |
| 19 F | 07 20 | 2.2 | 18 39 | 2.1 | 00 28 | 0.8 | 13 05 | 1.3 |
| 20 SA | 08 01 | 2.2 | 19 26 | 2.2 | 01 17 | 0.7 | 13 45 | 1.2 |
| 21 SU | 08 33 | 2.3 | 20 04 | 2.3 | 01 59 | 0.7 | 14 17 | 1.1 |
| 22 M | 08 59 | 2.3 | 20 39 | 2.4 | 02 34 | 0.6 | 14 45 | 0.9 |
| 23 TU ○ | 09 22 | 2.3 | 21 14 | 2.4 | 03 05 | 0.6 | 15 14 | 0.8 |
| 24 W | 09 48 | 2.3 | 21 50 | 2.4 | 03 36 | 0.6 | 15 44 | 0.8 |
| 25 TH | 10 16 | 2.4 | 22 26 | 2.4 | 04 06 | 0.6 | 16 17 | 0.7 |
| 26 F | 10 48 | 2.4 | 23 03 | 2.4 | 04 37 | 0.6 | 16 52 | 0.7 |
| 27 SA | 11 21 | 2.3 | 23 41 | 2.3 | 05 09 | 0.7 | 17 27 | 0.7 |
| 28 SU | 11 58 | 2.3 | | | 05 43 | 0.8 | 18 06 | 0.8 |
| 29 M | 00 24 | 2.2 | 12 38 | 2.3 | 06 22 | 0.9 | 18 53 | 0.8 |
| 30 TU | 01 16 | 2.2 | 13 27 | 2.2 | 07 08 | 1.1 | 19 51 | 0.9 |

Time Zone UT(GMT)

MAY 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 W ☾ | 02 24 | 2.1 | 14 26 | 2.2 | 08 06 | 1.2 | 21 11 | 0.8 |
| 2 TH | 04 10 | 2.1 | 15 33 | 2.1 | 09 26 | 1.3 | 22 41 | 0.7 |
| 3 F | 05 30 | 2.2 | 16 47 | 2.2 | 11 03 | 1.3 | 23 46 | 0.6 |
| 4 SA | 06 30 | 2.3 | 17 54 | 2.3 | | | 12 07 | 1.2 |
| 5 SU | 07 20 | 2.3 | 18 51 | 2.4 | 00 43 | 0.5 | 13 01 | 1.0 |
| 6 M | 08 03 | 2.4 | 19 44 | 2.5 | 01 37 | 0.4 | 13 52 | 0.9 |
| 7 TU | 08 42 | 2.4 | 20 34 | 2.6 | 02 27 | 0.3 | 14 41 | 0.7 |
| 8 W ● | 09 21 | 2.5 | 21 24 | 2.6 | 03 14 | 0.3 | 15 27 | 0.6 |
| 9 TH | 10 01 | 2.5 | 22 14 | 2.6 | 03 56 | 0.4 | 16 12 | 0.5 |
| 10 F | 10 42 | 2.5 | 23 05 | 2.5 | 04 37 | 0.5 | 16 57 | 0.5 |
| 11 SA | 11 22 | 2.4 | 23 59 | 2.4 | 05 17 | 0.7 | 17 41 | 0.5 |
| 12 SU | | | 12 04 | 2.4 | 05 55 | 0.9 | 18 28 | 0.6 |
| 13 M | 00 56 | 2.3 | 12 46 | 2.3 | 06 34 | 1.1 | 19 19 | 0.7 |
| 14 TU | 02 04 | 2.2 | 13 34 | 2.3 | 07 17 | 1.2 | 20 21 | 0.8 |
| 15 W ☽ | 03 20 | 2.1 | 14 29 | 2.2 | 08 07 | 1.4 | 21 40 | 0.8 |
| 16 TH | 04 30 | 2.1 | 15 31 | 2.1 | 09 42 | 1.5 | 22 48 | 0.8 |
| 17 F | 05 36 | 2.1 | 16 37 | 2.1 | 11 16 | 1.4 | 23 43 | 0.8 |
| 18 SA | 06 34 | 2.1 | 17 38 | 2.1 | | | 12 12 | 1.4 |
| 19 SU | 07 20 | 2.2 | 18 32 | 2.2 | 00 30 | 0.8 | 12 56 | 1.2 |
| 20 M | 07 54 | 2.2 | 19 19 | 2.2 | 01 12 | 0.7 | 13 33 | 1.1 |
| 21 TU | 08 22 | 2.3 | 20 02 | 2.3 | 01 49 | 0.7 | 14 07 | 1.0 |
| 22 W | 08 48 | 2.3 | 20 43 | 2.3 | 02 24 | 0.7 | 14 42 | 0.9 |
| 23 TH ○ | 09 17 | 2.4 | 21 24 | 2.3 | 02 58 | 0.7 | 15 19 | 0.8 |
| 24 F | 09 49 | 2.4 | 22 05 | 2.3 | 03 33 | 0.7 | 15 57 | 0.7 |
| 25 SA | 10 24 | 2.4 | 22 47 | 2.3 | 04 10 | 0.7 | 16 38 | 0.7 |
| 26 SU | 11 01 | 2.4 | 23 31 | 2.3 | 04 48 | 0.8 | 17 20 | 0.7 |
| 27 M | 11 41 | 2.4 | | | 05 28 | 0.9 | 18 06 | 0.7 |
| 28 TU | 00 20 | 2.3 | 12 25 | 2.4 | 06 11 | 1.0 | 18 57 | 0.7 |
| 29 W | 01 15 | 2.2 | 13 14 | 2.3 | 06 59 | 1.1 | 19 55 | 0.7 |
| 30 TH ☾ | 02 19 | 2.2 | 14 08 | 2.3 | 07 54 | 1.2 | 21 04 | 0.7 |
| 31 F | 03 52 | 2.2 | 15 05 | 2.3 | 08 58 | 1.3 | 22 14 | 0.6 |

Time Zone UT(GMT)

JUNE 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 SA | 05 05 | 2.2 | 16 11 | 2.3 | 10 15 | 1.3 | 23 17 | 0.6 |
| 2 SU | 06 01 | 2.2 | 17 21 | 2.4 | 11 26 | 1.2 | | |
| 3 M | 06 51 | 2.3 | 18 23 | 2.4 | 00 14 | 0.5 | 12 27 | 1.1 |
| 4 TU | 07 36 | 2.3 | 19 20 | 2.5 | 01 08 | 0.5 | 13 25 | 0.9 |
| 5 W | 08 18 | 2.4 | 20 17 | 2.5 | 02 00 | 0.5 | 14 20 | 0.8 |
| 6 TH ● | 08 59 | 2.4 | 21 13 | 2.5 | 02 49 | 0.6 | 15 12 | 0.7 |
| 7 F | 09 41 | 2.5 | 22 09 | 2.5 | 03 34 | 0.7 | 16 01 | 0.6 |
| 8 SA | 10 23 | 2.5 | 23 02 | 2.4 | 04 17 | 0.8 | 16 48 | 0.5 |
| 9 SU | 11 05 | 2.5 | 23 53 | 2.3 | 04 56 | 0.9 | 17 33 | 0.5 |
| 10 M | 11 46 | 2.4 | | | 05 34 | 1.0 | 18 18 | 0.6 |
| 11 TU | 00 44 | 2.2 | 12 25 | 2.4 | 06 11 | 1.1 | 19 05 | 0.6 |
| 12 W | 01 37 | 2.1 | 13 07 | 2.4 | 06 47 | 1.2 | 19 54 | 0.7 |
| 13 TH | 02 36 | 2.1 | 13 52 | 2.3 | 07 26 | 1.3 | 20 48 | 0.8 |
| 14 F ☽ | 03 41 | 2.0 | 14 41 | 2.3 | 08 11 | 1.4 | 21 50 | 0.8 |
| 15 SA | 04 41 | 2.0 | 15 38 | 2.2 | 09 07 | 1.4 | 22 49 | 0.9 |
| 16 SU | 05 34 | 2.1 | 16 43 | 2.2 | 10 40 | 1.4 | 23 41 | 0.9 |
| 17 M | 06 22 | 2.1 | 17 45 | 2.2 | 11 55 | 1.3 | | |
| 18 TU | 07 04 | 2.2 | 18 40 | 2.2 | 00 25 | 0.9 | 12 45 | 1.2 |
| 19 W | 07 40 | 2.2 | 19 30 | 2.2 | 01 07 | 0.9 | 13 30 | 1.1 |
| 20 TH | 08 15 | 2.3 | 20 19 | 2.2 | 01 47 | 0.8 | 14 13 | 1.0 |
| 21 F | 08 50 | 2.4 | 21 06 | 2.3 | 02 27 | 0.8 | 14 57 | 0.9 |
| 22 SA ○ | 09 27 | 2.4 | 21 53 | 2.3 | 03 08 | 0.8 | 15 43 | 0.7 |
| 23 SU | 10 06 | 2.5 | 22 40 | 2.4 | 03 51 | 0.8 | 16 30 | 0.6 |
| 24 M | 10 47 | 2.5 | 23 28 | 2.4 | 04 35 | 0.8 | 17 18 | 0.6 |
| 25 TU | 11 30 | 2.5 | | | 05 19 | 0.9 | 18 06 | 0.5 |
| 26 W | 00 15 | 2.3 | 12 13 | 2.5 | 06 04 | 0.9 | 18 56 | 0.5 |
| 27 TH | 01 05 | 2.3 | 12 59 | 2.5 | 06 49 | 1.0 | 19 47 | 0.5 |
| 28 F ☾ | 02 00 | 2.2 | 13 46 | 2.5 | 07 36 | 1.1 | 20 41 | 0.5 |
| 29 SA | 03 12 | 2.2 | 14 38 | 2.5 | 08 28 | 1.2 | 21 42 | 0.6 |
| 30 SU | 04 31 | 2.2 | 15 40 | 2.4 | 09 29 | 1.2 | 22 45 | 0.6 |

Time Zone UT(GMT)

JULY 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|---------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 M | 05 29 | 2.2 | 16 56 | 2.4 | 10 45 | 1.2 | 23 47 | 0.7 |
| 2 TU | 06 21 | 2.2 | 18 05 | 2.4 | | | 12 01 | 1.1 |
| 3 W | 07 11 | 2.3 | 19 10 | 2.4 | 00 45 | 0.8 | 13 08 | 1.0 |
| 4 TH | 07 59 | 2.4 | 20 17 | 2.4 | 01 41 | 0.8 | 14 11 | 0.8 |
| 5 F ● | 08 44 | 2.4 | 21 18 | 2.4 | 02 34 | 0.9 | 15 07 | 0.7 |
| 6 SA | 09 27 | 2.5 | 22 10 | 2.4 | 03 21 | 0.9 | 15 56 | 0.6 |
| 7 SU | 10 08 | 2.5 | 22 56 | 2.4 | 04 04 | 1.0 | 16 41 | 0.5 |
| 8 M | 10 48 | 2.5 | 23 38 | 2.3 | 04 42 | 1.0 | 17 23 | 0.5 |
| 9 TU | 11 26 | 2.5 | | | 05 16 | 1.0 | 18 02 | 0.5 |
| 10 W | 00 18 | 2.2 | 12 01 | 2.5 | 05 47 | 1.1 | 18 40 | 0.6 |
| 11 TH | 00 56 | 2.2 | 12 38 | 2.5 | 06 17 | 1.1 | 19 17 | 0.7 |
| 12 F | 01 34 | 2.1 | 13 17 | 2.4 | 06 51 | 1.2 | 19 55 | 0.8 |
| 13 SA ☽ | 02 16 | 2.1 | 13 59 | 2.4 | 07 30 | 1.2 | 20 37 | 0.9 |
| 14 SU | 03 13 | 2.0 | 14 48 | 2.3 | 08 15 | 1.3 | 21 29 | 1.0 |
| 15 M | 04 24 | 2.0 | 15 49 | 2.2 | 09 11 | 1.4 | 22 35 | 1.0 |
| 16 TU | 05 21 | 2.1 | 17 03 | 2.2 | 10 34 | 1.4 | 23 38 | 1.0 |
| 17 W | 06 11 | 2.2 | 18 08 | 2.1 | | | 12 02 | 1.3 |
| 18 TH | 06 59 | 2.2 | 19 07 | 2.2 | 00 30 | 1.0 | 12 59 | 1.2 |
| 19 F | 07 44 | 2.3 | 20 05 | 2.2 | 01 17 | 1.0 | 13 50 | 1.0 |
| 20 SA | 08 26 | 2.4 | 20 59 | 2.3 | 02 04 | 1.0 | 14 41 | 0.9 |
| 21 SU ○ | 09 08 | 2.4 | 21 47 | 2.4 | 02 51 | 0.9 | 15 32 | 0.7 |
| 22 M | 09 49 | 2.5 | 22 32 | 2.5 | 03 39 | 0.9 | 16 21 | 0.5 |
| 23 TU | 10 31 | 2.6 | 23 15 | 2.5 | 04 25 | 0.8 | 17 09 | 0.4 |
| 24 W | 11 13 | 2.7 | 23 59 | 2.4 | 05 09 | 0.8 | 17 55 | 0.3 |
| 25 TH | 11 55 | 2.7 | | | 05 51 | 0.9 | 18 39 | 0.3 |
| 26 F | 00 43 | 2.4 | 12 38 | 2.7 | 06 32 | 0.9 | 19 24 | 0.4 |
| 27 SA | 01 30 | 2.3 | 13 23 | 2.7 | 07 13 | 1.0 | 20 11 | 0.5 |
| 28 SU ☾ | 02 24 | 2.2 | 14 13 | 2.6 | 07 59 | 1.1 | 21 05 | 0.7 |
| 29 M | 03 43 | 2.1 | 15 17 | 2.5 | 08 55 | 1.1 | 22 12 | 0.8 |
| 30 TU | 04 53 | 2.2 | 16 45 | 2.4 | 10 14 | 1.2 | 23 25 | 1.0 |
| 31 W | 05 52 | 2.2 | 18 04 | 2.3 | 11 48 | 1.1 | | |

Time Zone UT(GMT)

AUGUST 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|---------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 TH | 06 50 | 2.3 | 19 26 | 2.3 | 00 32 | 1.1 | 13 05 | 1.0 |
| 2 F | 07 45 | 2.3 | 20 33 | 2.3 | 01 35 | 1.1 | 14 11 | 0.8 |
| 3 SA | 08 32 | 2.4 | 21 21 | 2.4 | 02 30 | 1.1 | 15 03 | 0.7 |
| 4 SU ● | 09 13 | 2.5 | 22 01 | 2.4 | 03 15 | 1.1 | 15 47 | 0.6 |
| 5 M | 09 51 | 2.6 | 22 38 | 2.4 | 03 52 | 1.0 | 16 26 | 0.5 |
| 6 TU | 10 26 | 2.6 | 23 13 | 2.3 | 04 25 | 1.0 | 17 03 | 0.5 |
| 7 W | 11 00 | 2.6 | 23 44 | 2.3 | 04 54 | 1.0 | 17 36 | 0.5 |
| 8 TH | 11 34 | 2.6 | | | 05 20 | 1.0 | 18 07 | 0.6 |
| 9 F | 00 14 | 2.2 | 12 07 | 2.6 | 05 48 | 1.0 | 18 38 | 0.7 |
| 10 SA | 00 44 | 2.2 | 12 43 | 2.5 | 06 19 | 1.1 | 19 08 | 0.8 |
| 11 SU | 01 18 | 2.2 | 13 22 | 2.4 | 06 56 | 1.1 | 19 42 | 0.9 |
| 12 M ☽ | 01 58 | 2.1 | 14 06 | 2.3 | 07 38 | 1.2 | 20 23 | 1.0 |
| 13 TU | 02 49 | 2.1 | 15 02 | 2.2 | 08 30 | 1.3 | 21 18 | 1.1 |
| 14 W | 04 06 | 2.1 | 16 24 | 2.1 | 09 38 | 1.4 | 22 43 | 1.2 |
| 15 TH | 05 21 | 2.2 | 17 46 | 2.1 | 11 25 | 1.3 | | |
| 16 F | 06 20 | 2.2 | 18 55 | 2.2 | 00 00 | 1.2 | 12 35 | 1.1 |
| 17 SA | 07 13 | 2.3 | 19 59 | 2.3 | 00 56 | 1.1 | 13 31 | 1.0 |
| 18 SU | 08 01 | 2.4 | 20 49 | 2.4 | 01 47 | 1.1 | 14 25 | 0.8 |
| 19 M ○ | 08 45 | 2.5 | 21 32 | 2.5 | 02 37 | 1.0 | 15 17 | 0.6 |
| 20 TU | 09 27 | 2.6 | 22 13 | 2.5 | 03 24 | 0.9 | 16 05 | 0.4 |
| 21 W | 10 08 | 2.8 | 22 53 | 2.6 | 04 09 | 0.8 | 16 50 | 0.3 |
| 22 TH | 10 50 | 2.8 | 23 34 | 2.5 | 04 51 | 0.8 | 17 33 | 0.2 |
| 23 F | 11 32 | 2.9 | | | 05 30 | 0.8 | 18 14 | 0.3 |
| 24 SA | 00 15 | 2.4 | 12 14 | 2.8 | 06 10 | 0.8 | 18 56 | 0.4 |
| 25 SU | 00 57 | 2.3 | 13 00 | 2.7 | 06 50 | 0.9 | 19 38 | 0.6 |
| 26 M ☾ | 01 45 | 2.2 | 13 53 | 2.6 | 07 37 | 1.0 | 20 28 | 0.9 |
| 27 TU | 02 46 | 2.2 | 15 10 | 2.4 | 08 34 | 1.1 | 21 37 | 1.1 |
| 28 W | 04 11 | 2.2 | 16 50 | 2.3 | 10 03 | 1.1 | 23 12 | 1.3 |
| 29 TH | 05 20 | 2.2 | 18 19 | 2.3 | 11 45 | 1.1 | | |
| 30 F | 06 27 | 2.3 | 19 40 | 2.3 | 00 28 | 1.3 | 13 01 | 0.9 |
| 31 SA | 07 29 | 2.3 | 20 30 | 2.4 | 01 33 | 1.3 | 14 01 | 0.8 |

Time Zone UT(GMT)

SEPTEMBER 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 SU | 08 15 | 2.4 | 21 08 | 2.4 | 02 22 | 1.2 | 14 47 | 0.7 |
| 2 M | 08 52 | 2.5 | 21 42 | 2.4 | 03 00 | 1.1 | 15 26 | 0.6 |
| 3 TU ● | 09 25 | 2.6 | 22 12 | 2.4 | 03 32 | 1.1 | 16 01 | 0.6 |
| 4 W | 09 58 | 2.6 | 22 41 | 2.4 | 04 00 | 1.0 | 16 33 | 0.6 |
| 5 TH | 10 31 | 2.7 | 23 07 | 2.4 | 04 27 | 0.9 | 17 03 | 0.6 |
| 6 F | 11 04 | 2.6 | 23 35 | 2.3 | 04 52 | 0.9 | 17 30 | 0.6 |
| 7 SA | 11 37 | 2.6 | | | 05 20 | 0.9 | 17 57 | 0.7 |
| 8 SU | 00 04 | 2.3 | 12 11 | 2.5 | 05 51 | 1.0 | 18 26 | 0.8 |
| 9 M | 00 38 | 2.3 | 12 48 | 2.4 | 06 26 | 1.1 | 18 58 | 0.9 |
| 10 TU | 01 15 | 2.3 | 13 31 | 2.3 | 07 07 | 1.1 | 19 37 | 1.1 |
| 11 W ☽ | 02 01 | 2.2 | 14 26 | 2.2 | 07 57 | 1.2 | 20 28 | 1.2 |
| 12 TH | 03 01 | 2.2 | 15 51 | 2.1 | 09 04 | 1.3 | 21 44 | 1.4 |
| 13 F | 04 23 | 2.2 | 17 34 | 2.2 | 10 57 | 1.2 | 23 33 | 1.3 |
| 14 SA | 05 39 | 2.2 | 18 46 | 2.3 | | | 12 12 | 1.1 |
| 15 SU | 06 39 | 2.3 | 19 44 | 2.4 | 00 35 | 1.2 | 13 09 | 0.9 |
| 16 M | 07 29 | 2.4 | 20 29 | 2.5 | 01 28 | 1.1 | 14 03 | 0.7 |
| 17 TU | 08 15 | 2.6 | 21 09 | 2.6 | 02 17 | 1.0 | 14 54 | 0.5 |
| 18 W ○ | 08 58 | 2.7 | 21 48 | 2.6 | 03 03 | 0.9 | 15 40 | 0.3 |
| 19 TH | 09 41 | 2.9 | 22 27 | 2.6 | 03 46 | 0.8 | 16 24 | 0.2 |
| 20 F | 10 25 | 2.9 | 23 06 | 2.6 | 04 27 | 0.7 | 17 05 | 0.2 |
| 21 SA | 11 09 | 2.9 | 23 46 | 2.5 | 05 07 | 0.7 | 17 45 | 0.4 |
| 22 SU | 11 54 | 2.8 | | | 05 48 | 0.7 | 18 25 | 0.6 |
| 23 M | 00 28 | 2.4 | 12 43 | 2.7 | 06 32 | 0.8 | 19 07 | 0.8 |
| 24 TU ☾ | 01 13 | 2.3 | 13 44 | 2.5 | 07 21 | 0.9 | 19 54 | 1.1 |
| 25 W | 02 08 | 2.3 | 15 19 | 2.3 | 08 22 | 1.0 | 21 01 | 1.4 |
| 26 TH | 03 24 | 2.2 | 16 52 | 2.3 | 10 03 | 1.0 | 22 58 | 1.5 |
| 27 F | 04 43 | 2.2 | 18 19 | 2.3 | 11 32 | 0.9 | | |
| 28 SA | 05 54 | 2.3 | 19 27 | 2.4 | 00 14 | 1.4 | 12 39 | 0.8 |
| 29 SU | 06 59 | 2.3 | 20 11 | 2.4 | 01 14 | 1.3 | 13 34 | 0.8 |
| 30 M | 07 45 | 2.4 | 20 45 | 2.4 | 01 58 | 1.3 | 14 18 | 0.7 |

Time Zone UT(GMT)

OCTOBER 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 TU | 08 21 | 2.5 | 21 14 | 2.4 | 02 33 | 1.2 | 14 54 | 0.6 |
| 2 W ● | 08 54 | 2.6 | 21 41 | 2.4 | 03 03 | 1.1 | 15 27 | 0.6 |
| 3 TH | 09 26 | 2.6 | 22 06 | 2.4 | 03 30 | 1.0 | 15 57 | 0.6 |
| 4 F | 10 00 | 2.6 | 22 32 | 2.4 | 03 57 | 0.9 | 16 25 | 0.6 |
| 5 SA | 10 34 | 2.6 | 23 00 | 2.4 | 04 25 | 0.9 | 16 52 | 0.7 |
| 6 SU | 11 09 | 2.5 | 23 31 | 2.4 | 04 55 | 0.9 | 17 19 | 0.8 |
| 7 M | 11 44 | 2.4 | | | 05 27 | 0.9 | 17 49 | 0.9 |
| 8 TU | 00 04 | 2.4 | 12 21 | 2.4 | 06 03 | 1.0 | 18 22 | 1.0 |
| 9 W | 00 42 | 2.4 | 13 06 | 2.3 | 06 44 | 1.1 | 19 03 | 1.1 |
| 10 TH ☽ | 01 28 | 2.3 | 14 04 | 2.2 | 07 35 | 1.1 | 19 56 | 1.3 |
| 11 F | 02 25 | 2.2 | 15 35 | 2.2 | 08 45 | 1.2 | 21 07 | 1.4 |
| 12 SA | 03 34 | 2.2 | 17 21 | 2.2 | 10 32 | 1.1 | 22 58 | 1.4 |
| 13 SU | 04 54 | 2.3 | 18 26 | 2.3 | 11 45 | 0.9 | | |
| 14 M | 06 00 | 2.4 | 19 19 | 2.4 | 00 06 | 1.3 | 12 41 | 0.7 |
| 15 TU | 06 53 | 2.5 | 20 02 | 2.5 | 00 59 | 1.2 | 13 34 | 0.6 |
| 16 W | 07 42 | 2.6 | 20 41 | 2.6 | 01 48 | 1.0 | 14 24 | 0.4 |
| 17 TH ☽ | 08 28 | 2.8 | 21 20 | 2.6 | 02 34 | 0.9 | 15 11 | 0.3 |
| 18 F | 09 15 | 2.9 | 21 59 | 2.6 | 03 20 | 0.8 | 15 55 | 0.3 |
| 19 SA | 10 02 | 2.9 | 22 39 | 2.6 | 04 04 | 0.7 | 16 37 | 0.4 |
| 20 SU | 10 50 | 2.8 | 23 20 | 2.5 | 04 47 | 0.7 | 17 17 | 0.5 |
| 21 M | 11 40 | 2.7 | | | 05 32 | 0.7 | 17 57 | 0.8 |
| 22 TU | 00 02 | 2.5 | 12 35 | 2.5 | 06 19 | 0.7 | 18 39 | 1.0 |
| 23 W | 00 47 | 2.4 | 13 44 | 2.4 | 07 11 | 0.8 | 19 25 | 1.3 |
| 24 TH ☾ | 01 40 | 2.3 | 15 16 | 2.3 | 08 15 | 0.9 | 20 25 | 1.5 |
| 25 F | 02 45 | 2.3 | 16 36 | 2.2 | 09 46 | 0.9 | 22 22 | 1.6 |
| 26 SA | 03 58 | 2.3 | 17 52 | 2.3 | 11 02 | 0.9 | 23 37 | 1.5 |
| 27 SU | 05 07 | 2.3 | 18 55 | 2.3 | | | 12 02 | 0.8 |
| 28 M | 06 09 | 2.3 | 19 40 | 2.3 | 00 35 | 1.4 | 12 54 | 0.8 |
| 29 TU | 07 00 | 2.4 | 20 14 | 2.4 | 01 20 | 1.3 | 13 37 | 0.8 |
| 30 W | 07 41 | 2.4 | 20 43 | 2.4 | 01 56 | 1.2 | 14 15 | 0.7 |
| 31 TH | 08 18 | 2.5 | 21 07 | 2.4 | 02 28 | 1.1 | 14 47 | 0.7 |

Time Zone UT(GMT)

NOVEMBER 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|--------------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 F ● | 08 54 | 2.5 | 21 32 | 2.5 | 02 57 | 1.0 | 15 17 | 0.7 |
| 2 SA | 09 31 | 2.5 | 21 59 | 2.5 | 03 28 | 0.9 | 15 47 | 0.7 |
| 3 SU | 10 07 | 2.5 | 22 30 | 2.5 | 04 00 | 0.9 | 16 16 | 0.8 |
| 4 M | 10 44 | 2.4 | 23 03 | 2.5 | 04 34 | 0.9 | 16 48 | 0.9 |
| 5 TU | 11 22 | 2.4 | 23 38 | 2.5 | 05 10 | 0.9 | 17 21 | 0.9 |
| 6 W | | | 12 04 | 2.3 | 05 49 | 0.9 | 17 58 | 1.1 |
| 7 TH | 00 17 | 2.4 | 12 52 | 2.3 | 06 33 | 1.0 | 18 43 | 1.2 |
| 8 F | 01 04 | 2.4 | 13 53 | 2.2 | 07 27 | 1.0 | 19 36 | 1.3 |
| 9 SA ☽ | 01 59 | 2.3 | 15 19 | 2.2 | 08 37 | 1.0 | 20 42 | 1.4 |
| 10 SU | 03 00 | 2.3 | 16 57 | 2.2 | 10 04 | 0.9 | 22 09 | 1.4 |
| 11 M | 04 08 | 2.3 | 17 57 | 2.3 | 11 13 | 0.8 | 23 25 | 1.3 |
| 12 TU | 05 18 | 2.4 | 18 48 | 2.4 | | | 12 10 | 0.6 |
| 13 W | 06 18 | 2.5 | 19 32 | 2.5 | 00 22 | 1.2 | 13 02 | 0.5 |
| 14 TH | 07 11 | 2.6 | 20 13 | 2.5 | 01 15 | 1.1 | 13 53 | 0.5 |
| 15 F ○ | 08 02 | 2.7 | 20 53 | 2.6 | 02 06 | 0.9 | 14 42 | 0.5 |
| 16 SA | 08 53 | 2.8 | 21 34 | 2.6 | 02 57 | 0.8 | 15 28 | 0.5 |
| 17 SU | 09 46 | 2.7 | 22 16 | 2.6 | 03 46 | 0.7 | 16 12 | 0.6 |
| 18 M | 10 39 | 2.7 | 22 59 | 2.6 | 04 33 | 0.6 | 16 54 | 0.8 |
| 19 TU | 11 34 | 2.5 | 23 42 | 2.5 | 05 21 | 0.6 | 17 35 | 0.9 |
| 20 W | | | 12 32 | 2.4 | 06 10 | 0.6 | 18 16 | 1.1 |
| 21 TH | 00 27 | 2.5 | 13 36 | 2.3 | 07 02 | 0.7 | 18 59 | 1.3 |
| 22 F | 01 15 | 2.4 | 14 51 | 2.2 | 08 01 | 0.8 | 19 47 | 1.4 |
| 23 SA ☾ | 02 08 | 2.4 | 16 04 | 2.2 | 09 11 | 0.8 | 20 51 | 1.5 |
| 24 SU | 03 07 | 2.3 | 17 10 | 2.2 | 10 20 | 0.9 | 22 35 | 1.6 |
| 25 M | 04 12 | 2.3 | 18 09 | 2.2 | 11 18 | 0.9 | 23 41 | 1.5 |
| 26 TU | 05 14 | 2.3 | 18 58 | 2.2 | | | 12 09 | 0.9 |
| 27 W | 06 09 | 2.3 | 19 37 | 2.3 | 00 32 | 1.4 | 12 53 | 0.9 |
| 28 TH | 06 58 | 2.3 | 20 07 | 2.3 | 01 14 | 1.3 | 13 32 | 0.8 |
| 29 F | 07 43 | 2.4 | 20 33 | 2.4 | 01 51 | 1.1 | 14 06 | 0.8 |
| 30 SA | 08 26 | 2.4 | 21 00 | 2.4 | 02 26 | 1.0 | 14 40 | 0.8 |

Time Zone UT(GMT)

DECEMBER 2024

LOWESTOFT

| Date | HEIGHTS ABOVE CHART DATUM | | | | | | | |
|---------|---------------------------|-----|-----------|-----|-----------|-----|-----------|-----|
| | High Water | | | | Low Water | | | |
| | Morning | | Afternoon | | Morning | | Afternoon | |
| | Time | m | Time | m | Time | m | Time | m |
| 1 SU ● | 09 07 | 2.4 | 21 31 | 2.5 | 03 02 | 0.9 | 15 13 | 0.8 |
| 2 M | 09 47 | 2.4 | 22 05 | 2.5 | 03 39 | 0.9 | 15 48 | 0.9 |
| 3 TU | 10 28 | 2.4 | 22 41 | 2.5 | 04 19 | 0.8 | 16 25 | 0.9 |
| 4 W | 11 11 | 2.4 | 23 20 | 2.5 | 05 01 | 0.8 | 17 04 | 1.0 |
| 5 TH | 11 57 | 2.3 | | | 05 45 | 0.8 | 17 45 | 1.0 |
| 6 F | 00 02 | 2.5 | 12 46 | 2.3 | 06 33 | 0.8 | 18 31 | 1.1 |
| 7 SA | 00 48 | 2.4 | 13 41 | 2.2 | 07 26 | 0.8 | 19 20 | 1.2 |
| 8 SU ☽ | 01 37 | 2.4 | 14 47 | 2.2 | 08 25 | 0.8 | 20 16 | 1.3 |
| 9 M | 02 30 | 2.4 | 16 21 | 2.2 | 09 32 | 0.7 | 21 20 | 1.3 |
| 10 TU | 03 29 | 2.4 | 17 24 | 2.3 | 10 38 | 0.7 | 22 35 | 1.3 |
| 11 W | 04 39 | 2.5 | 18 16 | 2.3 | 11 38 | 0.7 | 23 45 | 1.2 |
| 12 TH | 05 47 | 2.5 | 19 03 | 2.4 | | | 12 34 | 0.6 |
| 13 F | 06 47 | 2.6 | 19 48 | 2.4 | 00 47 | 1.1 | 13 27 | 0.7 |
| 14 SA | 07 45 | 2.6 | 20 31 | 2.5 | 01 46 | 0.9 | 14 19 | 0.7 |
| 15 SU ○ | 08 44 | 2.6 | 21 15 | 2.5 | 02 43 | 0.8 | 15 08 | 0.7 |
| 16 M | 09 42 | 2.6 | 21 59 | 2.6 | 03 37 | 0.6 | 15 54 | 0.8 |
| 17 TU | 10 38 | 2.5 | 22 43 | 2.6 | 04 27 | 0.6 | 16 37 | 0.9 |
| 18 W | 11 30 | 2.4 | 23 26 | 2.6 | 05 15 | 0.5 | 17 18 | 1.0 |
| 19 TH | | | 12 20 | 2.3 | 06 01 | 0.6 | 17 55 | 1.1 |
| 20 F | 00 07 | 2.5 | 13 10 | 2.2 | 06 47 | 0.6 | 18 32 | 1.2 |
| 21 SA | 00 49 | 2.5 | 14 05 | 2.1 | 07 34 | 0.7 | 19 09 | 1.3 |
| 22 SU ☾ | 01 32 | 2.4 | 15 10 | 2.1 | 08 25 | 0.8 | 19 50 | 1.4 |
| 23 M | 02 18 | 2.4 | 16 14 | 2.1 | 09 21 | 0.9 | 20 39 | 1.4 |
| 24 TU | 03 11 | 2.3 | 17 11 | 2.1 | 10 23 | 0.9 | 21 48 | 1.5 |
| 25 W | 04 17 | 2.2 | 18 01 | 2.1 | 11 20 | 1.0 | 23 31 | 1.4 |
| 26 TH | 05 23 | 2.2 | 18 46 | 2.2 | | | 12 08 | 1.0 |
| 27 F | 06 22 | 2.2 | 19 25 | 2.2 | 00 29 | 1.3 | 12 51 | 1.0 |
| 28 SA | 07 15 | 2.2 | 20 00 | 2.3 | 01 16 | 1.2 | 13 31 | 1.0 |
| 29 SU | 08 06 | 2.3 | 20 34 | 2.4 | 01 59 | 1.1 | 14 09 | 1.0 |
| 30 M ● | 08 54 | 2.3 | 21 09 | 2.4 | 02 41 | 0.9 | 14 49 | 0.9 |
| 31 TU | 09 38 | 2.3 | 21 47 | 2.5 | 03 25 | 0.8 | 15 30 | 0.9 |

Time Zone UT(GMT)

LOWESTOFT

British Summer Time: 01:00 31 March 2024 – 01:00 27 October 2024